

INTERNATIONAL SOCIAL WORK STUDY TOUR IN GHANA, WEST AFRICA

*Travel Arrangements**

- Sunday
May 15** **TWIN CITIES Departure.** Meet (7:00 p.m.) your Seminars International representative at the Northwest Airlines ticket counter, inside door #4, Minneapolis-St. Paul International Airport, Lindbergh Terminal, for departure (9:10 p.m.) on Northwest Airlines flight NW #56 for Amsterdam; non-stop DC-10 service with meals en route. (Check baggage through to Accra.)
- Monday
May 16** **ACCRA Arrival.** Upon arrival (12.15) at Amsterdam Schiphol Airport, proceed to connecting Northwest Airlines flight NW #8589 (operated by KLM Royal Dutch Airlines) departing (14.20) for Accra; non-stop MD-11 service with meals served en route. Arrive (19.00) at Accra Kotoka International Airport and transfer by private motorcoach, with assistance, to TRANSIT LODGE for check-in.
- Tuesday
May 17** **ACCRA.** Morning (08.30) departure by private motorcoach for guided tour of Accra, driving through the administrative and economic districts of Accra, the capital of Ghana. Visit W.E.B. Dubois Center for Pan African Culture, Independence Square and Kwame Nkrumah Memorial Park. Afternoon visit to the National Center for Arts. Group dinner (19.00) at the hotel. **(B,D)**
- Wednesday
May 18** **ACCRA.** Morning (09.00) departure by private motorcoach for a visit to the Social Studies Department of the University of Ghana in Accra. **(B)**
- Thursday
May 19** **ACCRA.** Morning (09.00) departure by private motorcoach for visits to the Women and Juvenile Unit of the Ghana Police Service and the Osu Children's Home in Accra. **(B)**
- Friday
May 20** **ACCRA (TEMA).** Morning (08.30) departure by private motorcoach for a sightseeing and educational tour of the industrial town, Tema, and Community 1 Market. After lunch (on own), return to Accra for afternoon at leisure. **(B)**
- Saturday
May 21** **ACCRA/ELMINA.** Morning (08.30) departure by private motorcoach for a scenic drive to the Central Region to tour the infamous forts, castles and slave dungeons of Ghana. Visit the Cape Coast Castle, including the West African Historical Museum. Afternoon visit to St. George's Castle, also known as Elmina. Proceed to the COCONUT GROVE BRIDGE HOUSE for check-in. Group dinner (19.00) at the hotel followed by a Kasa discussion. **(B,D)**
- Sunday
May 22** **ELMINA (Kakum National Park).** Morning (08.30) departure by private motorcoach for drive through the historic Denkyira Kingdom to Kakum National Park. Choose between a 2 km nature walk through the forest to discover the wide variety of exotic floral species and the medicinal values they offer or take a walk on the canopy walkway hanging 60 meters above the forest ground. After lunch (on own), return to Elmina for afternoon at leisure. **(B)**
- Monday
May 23** **ELMINA.** Morning (09.00) departure by private motorcoach for a visit to the University Primary School in Cape Coast. **(B)**
- Tuesday
May 24** **ELMINA/KUMASI.** Morning (08.30) departure by private motorcoach for drive through a former slave route to Assin Manso to visit the site of "Donkor Nsuo", the former Slave River and slave market. Continue to Kumasi, seat of the Ashanti Empire, and check-in at the AMASHAIRO HOTEL. Afternoon departure for scenic drive through the city. Visit the Manyia Palace Museum and the National Cultural Center. Group dinner (19.00) at *Jofel Catering Restaurant*. **(B,D)**

**Wednesday
May 25** **KUMASI.** Morning (09.00) departure by private motorcoach for a visit to the Kumasi Children's Home. Afternoon visit to three famous craft villages: Ahwiaa, the wood carvers' village, Ntonso, the hand-printed cloth village, and Bonwire, the Kente weaving village. **(B)**

**Thursday
May 26** **KUMASI/ACCRA Departure.** Morning (08.30) departure by private motorcoach for a drive through the forest range to Accra. Evening (17.00) transfer by private motorcoach, with assistance, to Accra's Kotoka International Airport for pre-check-in followed by farewell dinner at *Dynasty Chinese Restaurant*. After dinner, return to airport and proceed to gate for departure (21.25) on Northwest Airlines flight NW#8590 (operated by KLM Royal Dutch Airlines) to Amsterdam; non-stop MD-11 service with meals served en route. (Check baggage through to Minneapolis-St. Paul.) **(B,D)**

**Friday
May 27** **TWIN CITIES Arrival.** Upon arrival (06.15) at Amsterdam Schiphol Airport, proceed to connecting Northwest Airlines flight NW #39 departing (8.05) for Detroit; non-stop Airbus 330 service with meals served en route. Upon arrival (10:40 a.m.) at the Detroit Metropolitan Wayne County Airport, McNamara Terminal, clear customs and proceed to connecting Northwest Airlines flight NW #747 departing (12:06 p.m.) for Minneapolis-St. Paul; non-stop Boeing 757 service. Arrive (12:57 p.m.) Minneapolis-St. Paul International Airport, Lindbergh Terminal.

Itinerary subject to change due to local scheduling.

FREQUENT FLYER INFORMATION

- Please present the appropriate mileage program identification upon check-in.
- Northwest Airlines has mileage agreements with Alaska Airlines, Continental Airlines, America West Airlines, Delta Air Lines, and KLM Royal Dutch Airlines. For additional information, refer to www.nwa.com.
- Retain all boarding passes and air ticket receipts until the mileage credit appears on your statement.

NOTES

- B = breakfast, D = dinner. Breakfast is provided daily. Meals not listed on the above itinerary are the responsibility of the participant.
- All services listed in the itinerary are included in the course cost.
- Participants are responsible for carrying their own luggage to and from the airport, motorcoach and hotel.
- The 24-hour clock is used for travel outside of the United States. All times above 12.00 are in the afternoon or evening (simply subtract 12 hours from the time indicated, e.g., 12.00 is noon, 20.00 is 8:00 p.m.).
- Participants are advised to carry overnight bags as a safeguard against any flight or baggage claim delays.
- **Passports must be valid for at least six months after return date.**

LIST OF ACCOMMODATIONS

MAY 16-20
TRANSIT LODGE
No. 6 Abokobi Road
East Contonments
Accra, Ghana
Tel: 233 (21) 775 164
Fax: 233 (21) 762 544

MAY 21-23
COCONUT GROVE BRIDGE HOUSE
P.O. Box 175
Elmina, Ghana
Tel: 233 (42) 33650
Fax: 233 (42) 33646

MAY 24-25
AMASHAIRO HOTEL
P.O. Box 7469
Kumasi, Ghana
Tel: 233 (51) 60197
Fax: 233 (51) 62660

Note: For international calls placed from the U.S., 011 must precede the numbers above.

AN ELECTRONIC VERSION OF THIS ITINERARY AS WELL AS LINKS TO OTHER TRAVEL RELATED SITES CAN BE FOUND ON OUR WEBSITE: WWW.SEMINT.COM.