

SOCIAL WORK STUDY TOUR TO VIETNAM

*Travel Arrangements**

- Monday
May 15** **TWIN CITIES Departure.** Meet (5:00 p.m.) the Seminars International representative at the United Airlines ticket counter, Minneapolis-St. Paul International Airport, Lindbergh Terminal, for check-in and departure (7:15 p.m.) on United Airlines flight UA #593 for Denver; non-stop Boeing 737 service (check baggage through to Ho Chi Minh City). Upon arrival (8:28 p.m.) at Denver International Airport proceed to connecting departure (9:30 p.m.) United Airlines flight UA #971 for Los Angeles; non-stop Boeing 737 service. Upon arrival (10:54 p.m.) at Los Angeles International Airport, Terminal 7, proceed to the Tom Bradley International Terminal for the connecting flight to Ho Chi Minh City. Check-in at the China Airlines ticket counter for departure on China Airlines flight #7 (1:15 a.m. on May 16) for Taipei; non-stop Boeing 747 service, with meals served en route.
- Tuesday
May 16** **LOS ANGELES Departure.** Cross the International Dateline.
- Wednesday
May 17** **HO CHI MINH CITY Arrival.** Arrive (06.10) at Taipei Chiang Kai-Shek International Airport, proceed to connecting flight China Airlines flight #681 departure (07.30) for Ho Chi Minh City, non-stop Airbus 330 service with breakfast served en route. Arrive (09.50) at Ho Chi Minh City Tan Son Nhat International Airport and meet your English-speaking guide and transfer by private motorcoach to the PALACE HOTEL for check-in. Group lunch at a local restaurant followed by a private motorcoach guided tour of the city, including viewing some typical buildings with French construction style, like the Notre Dame Cathedral, Central Post Office and City Hall. Also visit the most typical places in the city, like the Reunification (or so called Independence) Palace, Zoo, China Town, Thien Hau Temple, Tay Son Lacquerware enterprise to see the artist producing their masterpieces. Evening (19.00) group dinner at a local restaurant. **(L,D)**
- Thursday
May 18** **HO CHI MINH CITY.** Morning (09.00) departure by private motorcoach for visits to social service programs in and around Ho Chi Minh City, including the Ho Chi Minh City Child Welfare Foundation (H.C.W.F.), Trung tam cai nghein ma tuy and Trung tam phuc hoi nham pham. Evening activities and dinner on own or in groups. A list of potential sites to visit and eat at will be provided. **(B)**
- Friday
May 19** **HO CHI MINH CITY.** Morning (09.00) departure by private motorcoach for visits with faculty and students at Open University. Afternoon visit to Christina Noble Children's Foundation and Little Rose Warm Shelter. Late afternoon on own or in groups. **(B)**
- Saturday
May 20** **HO CHI MINH CITY.** Morning (09.00) departure by private motorcoach for a guided visit to the unbelievable Cu Chi Underground Tunnel – the most famous battlefield in the Vietnam war. Return to Ho Chi Minh City for visit to Vietnam War Museum and Vietnam Assistance to the Handicapped. Late afternoon meeting at hotel to process experience and plan for next day's travel to My Tho. Evening activities and dinner on own or in groups. A list of potential sites to visit and eat will be provided. **(B)**
- Sunday
May 21** **HO CHI MINH CITY/MY THO.** Morning (09.00) departure by private motorcoach to My Tho, Tien Giang province, one of 12 fertile provinces of the Mekong river delta. Visit an elementary school supported by Hope Today. Boat trip on the great Mekong River to visit farmers' houses and gardens on a well-off river islet. Enjoy fruits served by local people with listening to Tai Tu Music – traditional music of the Mekong people. Visit an orphanage in Ben Tre (either by boat or coach, depending on location of orphanage). Visit Vinh Trang Pagoda. Overnight in My Tho at the CHUONG DUONG HOTEL. Group lunch and dinner provided this day at local restaurants. **(B,L,D)**
- Monday
May 22** **MY THO/NHA TRANG.** Morning departure by private motorcoach for Ho Chi Minh City and a group lunch, continue to Saigon Tan Jon Nat International Airport for departure (14.10) on Vietnam Airlines flight VN #454 for Na Trang; non-stop ATR turbo prop service with a snack served en route. Upon arrival (15.20) at Nha Trang Airport, transfer by private motorcoach to the QUE HUONG HOTEL with en route visits to Ponagar Cham Towers, Long Son Pagoda and Dam Market. Group dinner (19.00) at a local restaurant. **(B,L,D)**

- Tuesday
May 23** **NHA TRANG.** Morning (09.00) departure by private motorcoach for a boat trip on the Na Trang Blue Sea for visits to the Tri Nguyen Aquarium and a local fishing village. Sunbathing or snorkeling at Hon Tam and Hon Mun islands. Watch the spectacular immense sea dotted here and there with big and small islands. Afternoon (15.00) visit to Nha Trang Hospital hosted by Dr. Dang Duy Thang. Group dinner (19.00) at a local restaurant. **(B,D)**
- Wednesday
May 24** **NHA TRANG/HUE.** Morning (10.00) transfer by private motorcoach to Cam Ranh Airport for departure (12.05) on Vietnam Airlines flight VN #336 for Da Nang; non-stop ATR turbo prop service with a snack served en route. Upon arrival (13.20) at Da Nang International Airport, transfer by private motorcoach for visits to the Cham Museum, Ngu Hanh (Marble) Mountains, Non Nuoc Beach and then transfer to Hoi An for visit of the city, and the UNESCO World Heritage Center. Evening transfer to Hue, through the Hai Van pass. Evening (20.00) group dinner at a local restaurant in Lang Co, followed by check-in at the DUY TAN HOTEL. **(B,D)**
- Thursday
May 25** **HUE/HANOI.** Morning boat ride to visit Thien Mu Royal Pagoda, Imperial Citadel and Dong Ba Market. Afternoon visit to Tu Duc and Khai Dinh Mausoleums and Tu Hieu Pagoda. Evening transfer (18.00) by private motorcoach to Hue Phu Bai Airport for departure (19.55) on Vietnam Airlines flight VN #246 to Hanoi, non-stop ATR turbo prop service with a snack served en route. Upon arrival (21.30) at Hanoi Noi Bai International Airport, transfer by private motorcoach to the HOTEL HOA BINH for check-in. **(B)**
- Friday
May 26** **HANOI.** Morning (09.00) departure by private motorcoach for visit with faculty and students at Hanoi University. Visit Hua Sua School where students are trained for careers in restaurant and catering services. Lunch at the school. Afternoon visit with government/NGO partnership agencies to gain information on how services are established, licensed and operation in Vietnam. Evening on own for independent exploration and dinner. **(B)**
- Saturday
May 27** **HANOI.** Morning (09.00) departure by private motorcoach for visit to the Humanitarian Services in Vietnam. Tour will include visits with sponsored families who have received support from HSVC. Evening (19.00) group dinner at a local restaurant, followed by attending a water puppet show, the most famous Vietnamese traditional art.. **(B,D)**
- Sunday
May 28** **HANOI.** Morning (08.00) departure by private motorcoach for full-day excursion to the beautiful Halong Bay. Upon arrival embark on a boat ride along the beautiful bay, which is ranked one of the World's Natural Heritage sites, including a group lunch. Return to Hanoi for overnight and group dinner (20.00) at a local restaurant. **(B,L,D)**
- Monday
May 29** **HANOI/TWIN CITIES.** Morning transfer (08.30) by private motorcoach, with assistance, to Hanoi Noi Bai International Airport for departure (11.15) on China Airlines flight CI #684 to Taipei, non-stop Boeing 737 service with lunch served en route (check baggage to Minneapolis-St. Paul). Upon arrival (15.10) at Taipei Chiang Kai-Shek International Airport, proceed to connecting China Airlines flight CI #6, departing (16.40) for Los Angeles; non-stop Boeing 747 service with meals served en route. Upon arrival (1:25 p.m.) at Los Angeles International Airport, Tom Bradley International Terminal, clear customs and immigration, re-check luggage and proceed to Terminal 7 for connecting departure (3:37 p.m.) on United Airlines flight UA #326 for Denver; non-stop Boeing 757 service. Upon arrival (6:52 p.m.) at Denver International Airport proceed to connecting departure (7:45 p.m.) on United Airlines flight UA #460; non-stop Boeing 737 service. Arrive (10:36 p.m.) Minneapolis-St. Paul International Airport. **(B)**

Itinerary subject to change due to local scheduling

FREQUENT FLYER INFORMATION

- United Airlines has a mileage agreement U.S. Airways. For additional information, refer to www.united.com.
- Frequent flier mileage on China Airlines cannot be accrued on group tickets.
- Vietnam Airlines has a frequent flier program. For additional information, refer to www.vietnamairlines.com.
- Please present the appropriate mileage program identification upon check-in.
- Retain all boarding passes and air ticket receipts until the mileage credit appears on your statement.

NOTES

- B = breakfast, L = lunch, D = dinner. Breakfast daily, four lunches and seven dinners. Meals not listed on the above itinerary are the responsibility of the participant.

- Services listed in the above itinerary are included in the course cost, including entrance fees for guided touring, where applicable; services of English-speaking guide throughout, domestic airport taxes, Vietnam visa and processing for U.S. Citizens.
- Surface travel/transfers are by private motorcoach, boat travel and intra-Vietnam flights.
- Participants are responsible for carrying their own luggage to and from the airport, boat docks/piers, motorcoach and hotel.
- **Participants should budget approximately 14.00 USD for international departure tax collected at the airport on day of return flight.**
- **The luggage allowance for the three flights within Vietnam is 40 pounds total, including your checked and carry-on bags. The charge for each additional pound is approximately \$1.00. This differs from the normal international allowance of 2 pieces of luggage at 50 pounds each plus one carry-on of 22 pounds.**
- The 24-hour clock is used for travel outside of the United States. All times above 12.00 are in the afternoon or evening (simply subtract 12 hours from the time indicated, e.g., 12.00 is noon, 20.00 is 8:00 p.m.).
- Participants are advised to carry overnight bags as a safeguard against any flight or baggage claim delays.
- **Passports must be valid for at least six months after return date.**

LIST OF ACCOMMODATIONS

MAY 17 - 20

PALACE HOTEL
56-66 Nguyen Hue Boulevard
District 1
Ho Chi Minh City
Vietnam
Tel: 84 (8) 829 2860
Fax: 84 (8) 824 4230

MAY 21

CHUONG DUONG HOTEL
10 Road 30/4
My Tho
Vietnam
Tel: 84 (73) 870 875
Fax: 84 (73) 874 250

MAY 22 - 23

QUE HUONG HOTEL
60 Tran Phu
Nha Trang
Vietnam
Tel: 84 (58) 525 047 or 527 365
Fax: 84 (58) 525 344

MAY 24

DUY TAN HOTEL
12 Hung Vuong Street
Hue
Vietnam
Tel: 84 (54) 825 001
Fax: 84 (54) 826 477

MAY 25 - 28

HOTEL HOA BINH
27 Ly Thuong Kiet Street
Hanoi
Vietnam
Tel: 84 (4) 825 3315
Fax: 84 (4) 826 9818

Note: For international calls placed from the U.S., 011 must precede the numbers above.

AN ELECTRONIC VERSION OF THIS FINAL ITINEARY CAN BE FOUND ON OUR WEBSITE ALONG WITH OTHER TRAVEL RELATED ITEMS AT: WWW.SEMINT.COM

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