



## Parent and Family Tips for Students Studying Abroad

- Make sure your student has provided you with several different contact methods, including contact information of the institution's Study Abroad office and the phone numbers and addresses on the itinerary.
- Provide your student with all your contact information, including office and home phone numbers, e-mail, along with the contact information for a neighbor, close relative, and/or good friend who will be able to reach you in case of emergency.

### Communicating about Health and Safety

- Discuss with your student any travel plans and activities that may be independent of the study abroad program.
- Your student should follow the home institution's rules regarding safety and behavior issues, insurance needs, and emergency procedures related to traveling abroad.
- Be responsive to requests from faculty directors for information regarding your student.
- Depending on the needs of the faculty director, keep in touch with your student via calling cards, international cell phones or email.
- Be aware that your student may be the most appropriate person to provide you with certain information.

### Know Your Student's Program

- Be informed and involved in your student's decision to enroll in a particular program.
- Obtain and carefully evaluate all program materials, as well as related health, safety and security measures.

### Be Informed

- Keep informed about what is happening in the countries your student will visit.
- Check out the [State Department website](#) for specific information pertaining to an individual country and general information about travel and safety.
- Read the foreign press. Many foreign press websites now host an English-language version.

### Be Prepared

- Have a valid passport.
- Make sure you have a copy of your student's passport.
- Have your student leave a flight and program itinerary with you.
- Remember that your student is responsible for his/her own safety and well being.